



BLACK WING SHOOTING CENTER

ATTENTION ALL LADIES!!

JOIN US FOR

“GIRL POWER - SELF DEFENSE”

SATURDAY MAY 19TH, 2012

12PM - 4PM

\$90 PER PERSON

**EVERYONE GOES HOME WITH THEIR OWN
SABRE PEPPER SPRAY!**

"Girl Power" Self Defense is a real world class that empowers women ages 13 to adult to fight back and to defend themselves.

Taught by Ken & Kim Hiltz, husband and wife self defense instructors, this training is intense, yet fun.

Students will learn to defend themselves physically, emotionally, and lawfully to prevail in violent crime situations.

Please wear casual or workout clothing.

INSTRUCTOR BIO

- * Served in the Marine Corps infantry as well as the Military Police
- * Former Corrections Deputy Sheriff with the San Diego County Sheriff's Department
 - * Served two years on a S.W.A.T. team
 - * Currently a law enforcement officer
- * OPOTA certified Defensive Tactics Instructor, Chemical Agents Instructor, Firearms Instructor, Weapons Retention & Shot Avoidance Instructor, Crisis Intervention Instructor & ASP Baton Instructor.

Space is limited to the first 12 ladies.

Please call or visit Black Wing Shooting Center to reserve your spot for this amazing, reality-based self defense training course!

Payment in full is due at time of registration